

The City of



Parks and Recreation Department

AgeWell Services

July & August 2020

The team at AgeWell Services (AWS) hopes everyone is doing well during these unprecedented times. Although summer 2020 will not be a typical AWS summer, please know that staff very much miss everyone and want to connect with you virtually.

Virtual Zumba



In addition, we're very excited to announce the long-awaited news that AWS has officially moved to our new location, Park de la Cruz Community Center (PDLC). We share the building with Therapeutic Recreation Services. We look forward to welcoming you to PDLC once the County's health guidelines allow programming to resume. The newly renovated facility provides access for all and has a number of amenities, including a fitness center, gymnasium, art room and a commercial kitchen. Assistive listening devices are available for patron use during PDLC programs.

Staff have been busy preparing PDLC and are waiting for the day that we can welcome you to our new home. We appreciate your patience and hope to see you soon.

Sincerely,
AgeWell Services Staff

Virtual Bingo



For virtual recreation programs and information, go to our website at:
sandiego.gov/AgeWellServices

or

If you are unable to connect virtually, call
(619) 525-8247 for updated information.

AgeWell Services

3901 Landis Street
San Diego, CA 92105
(619) 525-8247

Phone office hours:
Monday – Saturday
8:30 am – 4:30 pm

Park De La Cruz is currently closed to the public, but we are happy to chat with you over the phone.